

LASH EXTENSIONS

What are eyelash extensions?

Lash extensions are semi-permanent extensions applied one by one to the base of each natural lash. This technique creates beautiful weightless lashes that enhance your natural beauty so you will wake up every day feeling fabulous- even without makeup! Imagine having longer, thicker fuller lashes every day without having to apply makeup!

Originating in Korea in the early 70s, lash extension have become increasingly popular and safe. At ReSoulution we only use the best quality cyanoacrylate adhesive, which is specifically designed to be used around the eyes and on natural lashes. Our lashes are synthetic mink and made from a plastic fibre called PBT (polybutylene terephthalate), a form of polyester and are designed to mimic the natural lash. Although there are cruelty free Mink lashes out there, we do not currently stock these as they do not have the same durability as their synthetic counterparts.

With correct after care (see below) lash extensions can last up to 6 weeks. However as we naturally lose 3-5 eyelashes a day, regular fills are required to keep them looking at their best. As lashes grow in cycles, with the most mature eventually falling out and taking the extension with it, the fill will lash the lashes which have grown to replace it. We offer 2 and 3 week fills, if left longer than this it will be classed as a new set. These fills are an excellent opportunity to develop your look as you fall in love with your extensions- we often find that many first timers are concerned about looking too 'over the top', however by the time they come back for their first fill they are already wanting 'more' bigger lashes!!

The application process

At ReSoulution we strive for not only the perfect lashes, but also to provide our clients with a relaxing experience so they come out from an application feeling fresh and looking fabulous.

Each application is done in one of our beautiful individual treatment rooms, where you will be lying down with your eyes closed for the duration of the application. Many clients find it so relaxing they doze off.

As everyone is different, each application begins with a short consultation covering your desired look, an assessment of the health and length of your lashes and shape of your eyes.

Once the design of your new lashes is decided on, your lash technician will begin by washing your lashes to remove oil and any remaining makeup and a primer applied to ensure the best retention. As oil will breakdown the adhesive that holds your lash extensions on- it is imperative this is all removed prior to application. Once the lower lashes are safely protected by a wonderful hydrating gel pad applied under each eye, the job of isolating each of your natural lashes and applying one extension begins. Each application is finished off with a soft mist which hardens the bond of the adhesive and soothes your eyes. This also allows you to get your lashes wet 6 hours after the appointment, rather than the 24-48 without it. Each application takes around 2 hours, depending on the number of lashes you have.

Types of lashes at ReSoulution

At ReSoulution we offer both Classic and Ellipse lash extensions- where one extension is applied to each natural lash. We do not count the lashes at ReSoulution, instead we aim to lash every adult lash giving you the fullest look possible. The lashes are black and by using varying lengths and curls, volume is created.

Classic lashes: for a more natural look Classic lash extensions are the way to go. These tend to have a subtle 'feathery' look compared to the Ellipse, darker at the lash line. You will love these if you tend not to wear too much makeup, but want to enhance what you have. Different lengths will be used to create the desired shape- natural, open eye or cat eye for example and these can complement your eye shape. These would also be great for a holiday*- imagine not having to apply any makeup but still looking beautiful the whole time!

Ellipse lashes: for a bolder, more fabulous look you will love Ellipse lashes. Wider than the classic they create that eyeliner line effect, whilst the lash looks darker like you are wearing fantastic mascara. These new Ellipse lashes look thicker and denser than the Classics but weigh the same, so almost everyone's lashes can safely support them. Again different looks can be created and with these thicker lashes, the look will be intensified. These are perfect if you have a special occasion*- wedding, party etc. or if you just want the 'big' lashes look.

***If you do have a special occasion, or are going on holiday very soon after your first appointment we strongly recommend coming in for a patch test in case you have an allergic reaction to the glue. No one would want red, puffy, itchy eyes on their wedding day or for a whole holiday. Whilst reactions are rare when a good quality glue is used (nail glue has been used by some in the past!) reactions can happen. We offer free 15 minute appointments where a couple of lashes are applied to each eye and left on. Allergies usually appear quickly- within first 24 hours, but we advise coming about a week before your planned full set. If a reaction does happen you can come back to have them removed, or you can simply pull out the natural lash if it is easier. Eye drops such as Visine will help significantly and antihistamines can be taken to ease the symptoms.

Pricelist

Classic lashes \$120 per full set (please allow up to 2 hours for this appointment including the initial consultation.)

Ellipse lashes \$130 per full set (please allow up to 2 hours for this appointment including the initial consultation.)

2 week fill \$50

3 week fill \$60

Removal \$30

Removal from another salon \$40

Aftercare

To ensure your lash extensions last as long as possible and continue to look fantastic, correct aftercare is imperative.

- **Do not** get your lashes wet for at least 6 hours after your appointment.
- **Do not** use any oil based products near our eyes (including cleanser, makeup, makeup remover, moisturiser). Ideally do not use at all as they can transfer from your pillow to your lashes.
- **Do not** use mascara on your extensions (unless approved by your lash technician).
- **Do not** expose them to heat or steam- saunas, hot yoga, steam rooms -be careful when opening the oven or BBQ or a lighter! These may reactivate the glue causing them to stick together or to lose their curl.

Your lashes need to be treated delicately:

- **Do not** use eyelash curlers, it will break the adhesive bond causing premature lash loss (if you feel you want them curlier- tell your lash technician at your next fill!)
- **Do not** stand with the shower directly onto your lashes- they cannot with stand the pressure.
- **Do not** pull or rub your lashes, this can cause damage to your natural lashes.
- **Do not** sleep on your face (put a pillow under your cheekbone if you tend to).
- Gently dry after a shower (towels are too rough, the extensions can get caught and be pulled off)- ideally use a hairdryer in your lap pointing upwards on cold to dry and help separate them.

Do ensure you

- Use an oil free lash shampoo daily, twice daily if you have oily skin. Oil will accumulate and will degrade the adhesive causing premature lash loss, and dirt and makeup can build up leading to itchy, irritated or inflamed eyes- shampooing is necessary to remove these and keep your lashes clean and healthy.
- Always shampoo after working out. When you sweat natural oils are produced that accumulate in your hair follicles.
- Use your mascara wand to brush them daily, starting at the middle of the lash and brushing upwards so you don't cause any to pull off. This helps separate them and keep them looking neat and fabulous.

- Use any eye products as necessary such as Visine; however please ensure they do not contain any oily lubricants.
- If you need to use makeup remover- remove carefully using an oil free makeup remover (e.g. Neutrogena or Mary Kay). Hold over makeup for 5 seconds, then gently sweep away. If you cannot live without that eyeliner line, use a cotton swab dipped in remover so you can carefully cleanse, avoiding the lashes.

Your appointment

For your first appointment please arrive early to fill in our consent form.

Please come makeup and facial product free (including moisturiser) around your eyes for every appointment. If you need to remove any makeup, we have complimentary makeup remover in the changing room washroom.

Please also **remove contact lenses** prior to your appointment; they can be put back in straight after.

Remember to use the washroom – you will be lying down for quite a while!

(Your appointment is timed specifically, if you have not done any of the above before your appointment starts it will reduce the time available for applying lashes.)